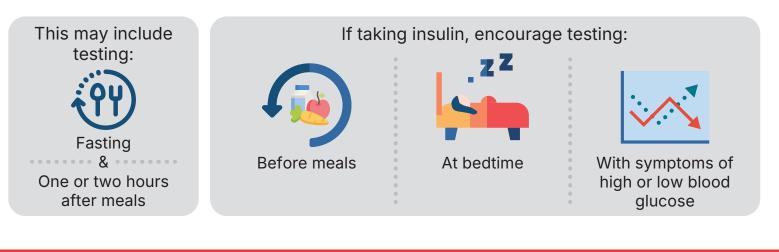






Glucose Monitoring During Pregnancy

It is important to monitor your blood glucose during your pregnancy to prevent complications for you and baby.



Continuous glucose monitors (CGM) can help you achieve your A1C target during pregnancy.



mg **Diabetes in Pregnancy BLOOD GLUCOSE TARGET RANGE FOR PEOPLE CGM Target Time in** Range (mg/dL) WITH DIABETES DURING PREGNANCY: >140 Less than 25% Two hours One hour Fasting after a meal after a meal <95mg/dL <120mg/dL <140mg/dL 63-140 More than 70% **PREGNANCY A1C TARGET:** CGM metric targets may be used in addition to before and after meal <6% if can be achieved without <63 blood glucose targets Less than 1% <54 significant low blood glucose

Learn more at professional.diabetes.org | 1-800-DIABETES (800-342-2383)