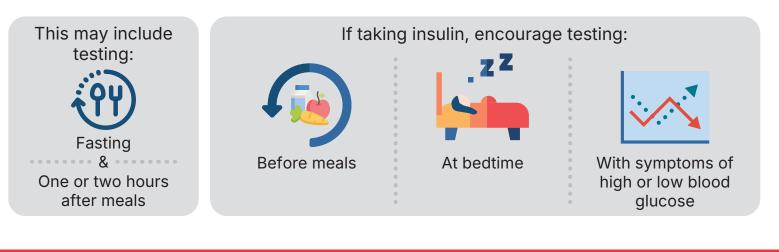






## **Glucose Monitoring During Pregnancy**

## It is important to monitor your blood glucose during your pregnancy to prevent complications for you and baby.



Continuous glucose monitors (CGM) can help you achieve your A1C target during pregnancy.



## mg **Diabetes in Pregnancy BLOOD GLUCOSE TARGET RANGE FOR PEOPLE CGM Target Time in** Range (mg/dL) WITH DIABETES DURING PREGNANCY: >140 Less than 25% Two hours One hour Fasting after a meal after a meal <95mg/dL <120mg/dL <140mg/dL 63-140 More than 70% **PREGNANCY A1C TARGET:** CGM metric targets may be used in addition to before and after meal <6% if can be achieved without <63 blood glucose targets Less than 1% <54 significant low blood glucose

Learn more at professional.diabetes.org | 1-800-DIABETES (800-342-2383)